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This workshop is based upon the Farrell and Shaw book: *Experiencing Schema Therapy from the Inside Out*, published by Guilford Press, 2018.



## A Schema Therapy Self-Practice Self-Reflection Mindful and Spiritual Retreat for Healing Practitioners



Join fellow clinicians for a weekend of deepening professional self-awareness and personal growth.

Led by  
Led by

Joan M. Farrell, PhD  
STIM-Cleveland  
Peregrine Kavros, PhD

July 10-12, 2025  
HYACINTH FARM  
Hillsborough, NC USA

A peaceful 22-acre landscape with pool, woodlands for walking, quiet reflection and group discussion.

For an overview of the Retreat please email:

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www.schematherapysoutheast.com

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